



APPLIED
KINESIOLOGY
TRAINING
BY KAREN WILLIS



ACCREDITED BY THE INTERNATIONAL
COLLEGE OF APPLIED KINESIOLOGY

THE FOUNDATION COURSE IN APPLIED KINESIOLOGY, LONDON

THE COURSE

The foundation training course in Applied Kinesiology is open to practitioners who have completed a 3000 hour full time undergraduate education (i.e. 3+ years) in a medically oriented degree such as osteopathy, chiropractic, physiotherapy, medicine, dentistry, or veterinary medicine.

COURSE OUTLINE

The 5 weekend modules run once monthly from October through until February. The modules will cover the following topics:

- ✔ **Module 1 - 11/12 October 2025**
Introduction to AK and Science of Manual Muscle Testing
- ✔ **Module 2 - 15/16 November 2025**
Emotions, The Craniosacral & Stomatognathic Systems
- ✔ **Module 3 - 6/7 December 2025**
Orthomolecular Principles in AK
- ✔ **Module 4 - 10/11 January 2026**
Glandular / Hormonal
- ✔ **Module 5 - 14/15 February 2026**
Structure Revisited & The Acupuncture Meridian System

SCAN QR CODE
TO BOOK

