



INTERNATIONAL COLLEGE
OF APPLIED KINESIOLOGY UK

The Meridian System in AK – a review
With
Marek Urbanowicz MA MAc MBACc ICAK



15th-16th October 2021

At

Sofitel Hotel, Gatwick Airport

West Sussex RH6 0PH

Tel: (+44)1293 567070

Saturday 10am – 6pm, Sunday 9am – 3.30pm
(Registration on Saturday at 9.30am)

The Meridian System Review workshop

You will learn the following:

- Brief history of acupuncture: Chinese, Japanese, microsystems.
- Basic philosophy of Qi
- Yin Yang theory
- A fuller understanding of the 5 elements and their associations.
- The primary elemental imbalance
- The meridian pathways
- Muscle meridian relationships in AK.
- Assessing hyper and hypo meridian status.
- How to confirm meridian imbalances through range of motion testing.
- The Six Divisions and Gait mechanism
- The Chinese clock, midday/midnight law
- Meridian frequencies according Dr Yoshio Manaka.
- The use of tonification, sedation and junction (luo) points.
- How to correct more complex imbalances treating the ambassador points via energy transfers.
- Review of point location
- Pulses and alarm points
- How excess meridians cause vertebral subluxations
- Pain tapping.
- A detailed understanding of the 12 main meridians and their most important points.
- How kinesiology validates acupuncture theory.

Marek Urbanowicz. MA. MAc. MBAcC. ICAK (UK)

Initially trained in Shiatsu in the mid '70's, then Swedish massage and reflexology. Enrolled at the College of Traditional Acupuncture in 1976 studying under J.R. Worsley. Received Licentiate of Acupuncture (Lic Ac) in 1979, BA in 1983 and MAc in 1987. Since late 90's been studying Japanese style acupuncture.

Encountered kinesiology in 1980 with Brian Butler. In 1983 attended the first advanced kinesiology course in Holland with Dr. Sheldon Deal and continued studying with him for over 10 years. Attended the ICAK course with Chris Smith in the late 1980's, passing the Clinical Competence exam in 1996. Have been a member of ICAK since then.

Taught muscle testing alongside Robert Tisserand (author of The Art of Aromatherapy) for 5 years in the 1980's at the Raworth College.

I have also taught at a number of acupuncture colleges.

In 2013/14 I did an MA at the Royal Central School of Speech and Drama.
My thesis was on the diaphragm and voice.

I have studied nutrition with Dr Stephen Davies and also Dr Lawrence Plaskett plus attended numerous kinesiology courses

I have been in full-time practice since 1979 and ran a large multi-disciplinary clinic from 1994-2007.

Prices

Please complete your application form and pay by 6th April 2021 to receive the early bird discount.

ICAK UK / International Member.....£330 (early bird price £300 if paid before 6th April)
Non Member.....£380 (early bird price £350 if paid before 6th April)

Registration and Payment

Please register and pay online at
If you have any queries please contact Lydia at info@icak.co.uk

Refunds

No refunds will be made after 1/5/21. Refunds before that date will be subject to £100 administration fee.

Venue information

The Sofitel Gatwick is conveniently located a short walk from the north terminal and can be reached by monorail from the south terminal within a few minutes. Rooms are available at the hotel at the special rate using the reference ICAK UK.
Please contact the hotel directly to book and for parking information on 01293 567070.