

Neurointerlink Master Class

Presented by
Dr Joseph Shafer, DC, CCSP, DIBAK

**Saturday 6 - Sunday 7
September 2025**

Location BRITISH COLLEGE OF OSTEOPATHIC MEDICINE
6 Netherhall Gardens
London
NW3 5RR

Seminar Times Saturday 9.30am - 5.30pm
(Registration on Saturday at 9:00am)
Sunday 9am - 4pm
ICAK-UK AGM at 2pm on Saturday

Fees ICAK UK Member - £425 (early bird price £375)
Non Member - £475 (early bird price £425)
Early Bird prices are available until 31/07/2025
Prices include all refreshments and lunch

CPD 12 hours

Booking online at www.icak.co.uk



INTERNATIONAL COLLEGE
OF APPLIED KINESIOLOGY UK

ADVANCED APPLIED KINESIOLOGY MASTERCLASS

NeuroInterlink (NIR) Master Class - Descending Inhibition Dysregulation Reset

Enhance Your Diagnostic & Treatment Skills | Expand the Range of Conditions You Can Treat | Achieve Faster Patient Recovery

Why Attend?

Joint pain and dysfunction can persist for years due to descending inhibition dysregulation - a key factor in treatment resistance and chronic pain. Traditional approaches often fail to reset these inhibition circuits effectively.

This cutting-edge masterclass teaches the New NeuroInterlink (NIR) Protocol, a groundbreaking method that integrates bottom-up and top-down neurological modulation with direct somatosensory activation.

What You'll Gain:

- ✓ **Faster Results** - Reduce evaluation and treatment time by up to 70%
- ✓ **New Clinical Skills** - Learn advanced techniques to reset abnormal joint receptors and uncover latent proprioceptor dysregulation
- ✓ **Evidence-Based Approach** - Apply the latest research-backed strategies for joint recovery and chronic pain treatment
- ✓ **Hands-On Training** - Work directly with the instructor and fellow practitioners to master the protocol
- ✓ **Treat More Effectively** - Address injury-induced emotional protective responses that hinder full recovery

This seminar requires an understanding of the foundational concepts of AK and a comprehensive grasp of functional muscle testing

Course Highlights

- The neurological basis of joint pain and dysfunction
- Improved evaluation methods for identifying receptor abnormalities
- Joint vibration examination to confirm proprioceptor dysfunction
- Bottom-up and top-down activation to reset inhibitory circuits
- Direct injury protocol for resetting protective muscle responses
- Somatosensory system activation to enhance treatment efficacy
- This course is perfect for osteopaths, chiropractors, physiotherapists, and other practitioners looking to expand their expertise in applied kinesiology and neuromuscular therapy



Joseph Shafer has practiced as a Chiropractic Physician since his graduation from Palmer College of Chiropractic in 1980. He moved to Denmark where

he had a private practice, and pursued post-graduate studies in Applied Kinesiology, Nutrition and Sports Medicine.

He is certified as a sports medicine specialist and in 1991 became a Diplomate in Applied Kinesiology (DIBAK). Since obtaining his DIBAK, he has taught muscle testing diagnostics throughout the world and continues to do so to this day. His teachings brought him as far as the USSR and he was given an assistant professorship (HON) in 1998 and full-professorship status in post-graduate medicine in 2004.

He is also a guest editor of Hans Garten's English version book, "The Muscle Testing Handbook".

Joseph has pioneered and developed many novel techniques and clinical procedures within AK. Some examples of his work

include:

- K-27 – Over-facilitation/hyper-reactive muscle states – 1984
- Jugular compression – Craniosacral challenge & advanced evaluation procedures for the cranium – 1992 (Research paper of the year award for Jugular Compression in 1993)
- The glymphatic pump – Stimulation of cranial glymphatics
- Cranial Nerve Evaluation
- Neuro-Interlink – Advanced 'ligament interlink' procedures
- Lower back & disc evaluation & treatment procedures
- The metabolic disc, bone inflammation, neural sheath & challenges for SI joint inflammation
- Differential diagnosis of piriformis syndrome
- Muscle spindle challenge – Resting, Concentric & Eccentric muscle tone
- Retained Injury Patterns [RIP] ~ emotional reactions to injury ~ evaluation and treatment
- GERD – The diaphragmatic crus, lower oesophageal sphincter (LES), phrenoesophageal ligament (PEL), and pericardial torsion evaluation and treatment
- Brain Recovery – Traumatic brain injury evaluation and treatment protocols

PLEASE NOTE: NO REFUND of seminar fees for cancellations after 31/08/25 will be given. Any cancellation prior to 31/08/25 will have a £100 administration fee deducted from the refund.