



INTERNATIONAL COLLEGE
OF APPLIED KINESIOLOGY UK

The Neurological Factor of Applied Kinesiology

with

Dr David Traster

11th-12th May 2019



Hilton Hotel, Gatwick South RH6 0LL

Saturday 10am – 6pm, Sunday 9.30am - 4.30pm
(Registration on Saturday at 9.30am)
ICAK-UK AGM at 1.30 on Saturday

The Neurological Factor of Applied Kinesiology

Since the passing of Dr. Goodheart, there has been an explosion of research and information about the brain and central nervous system allowing us to better understand human physiology. Dr. Goodheart famously said, "Measure, Measure, Measure. Measure something independent of a muscle test to quantify the impact of your therapy." Today, many clinicians are using a manual muscle test as both an indicator which directs therapy, as well as an outcome measurement.

Dr. David Traster (American Chiropractor) will take the learners on a journey through the peripheral and central nervous system correlating various structures of the nervous system with function. He will introduce a number of tests you can do at bedside, with no technology, to allow you to assess different areas of the central nervous system in an evidence based fashion. Dr. Traster will also introduce a variety of "brain-based" therapies outside what is traditionally found in the Applied Kinesiology curricula.

Regardless of the technique you are currently using with your patients, Dr. Traster will give you an evidence-based approach you can incorporate into your practice immediately, which will compliment your current clinical model. By having a greater appreciation for the role of the environment in producing neuroplasticity, as well as having a better understanding of standardized neurological bedside examination procedures, manual therapists are in a unique position to adapt clinical models which reflect the most current work in neuroscience research.

Dr. Traster is a Chiropractor who holds a Master's degree in Sports Health Science, a Diplomate through the American Chiropractic Neurology Board, a Fellowship through the American Board of Brain Injury and Rehabilitation, is a Certified Chiropractic Sports Physician through the American Chiropractic Board of Sports Physicians, an Assistant Professor for the Carrick Institute for Graduate Studies, and is a Certified Practitioner of Applied Kinesiology.

Dr. Traster has taught around the world for doctors in all professions and has developed a Fellowship program on Vestibular Rehabilitation for the advanced training in conditions such as vertigo/dizziness, post-concussive syndrome, chronic pain, headaches/migraines, and other complex neurological presentations.

Dr. Traster is known for translating current scientific research into hands-on clinical applications. He will be presenting literature and clinical applications in regards to the relationship of the central nervous system with the musculoskeletal system. After attending this lecture, participants will be more fluent in this two way relationship and will leave with evidence-based, practical skills they can use with their patients immediately.

Conference Application

Name :

Profession + Qualifications :

Address + Postcode :

Email address :

Telephone:

Practice Website

ICAK UK Member Yes / No

Prices

***** Early-bird £30 discount *****

Return your application form and pay by 16th March 2019 to receive the early bird discount.

ICAK UK / International Member.....£280 (early bird price £250 if paid before 16th March)

Non Member.....£320 (early bird price £290 if paid before 16th March)

PAYMENT BY: bank transfer / cheque

Payment is by **cheque**, payable to ICAK UK or by **bank transfer** to ICAK-UK (Account number 91226449, Sort Code 60-17-28, IBAN GB86 NWBK 6017 2891 2264 49, BIC NWBK GB 2L, Bank address NatWest Retford Branch 21 The Square, Retford, Notts, DN22 6DL).

Please note a completed application form is required in ALL instances. Please indicate your payment method above.

RSVP by 27th April at the latest to: **Lydia Dudman**, ICAK UK Executive Secretary
Email: info@icak.co.uk

Email booking and online payment is preferable, but if you prefer to rsvp by post please send your form and cheque to:

Richard Stenning ICAK UK Chair 193, High St, Honiton EX14 1LQ

PLEASE NOTE: NO REFUND of seminar of seminar fees for cancellations after 24/04/19 will be given. Any cancellation prior to 27/04/19 will have a £100 administration fee deducted from the refund.

Rooms are available at the hotel at the special rate of £80 B&B (£90 for double occupancy). Contact the hotel on +44 1293 610809 or email events.Gatwick@hiltongatwickairport.com ask for IN HOUSE reservations and quote PUREBIO

